



Liability Waiver Form

Participants of the Masters & Teens Throwdown

Date: 3 & 4 September 2022

Organized by the foundation "Girls Behind the Bars Events" (Organisation)

THIS IS A LEGAL DOCUMENT. YOU SHOULD READ IT CAREFULLY

I declare, (full name)

Resident at (full home address)

hereby that:

I certify that I am not aware of any medical condition which would render me unfit to participate in this event and that I will inform Organisation immediately of any change in my medical condition.

I am aware that there are significant risks involved in all aspects of physical training during this event. I understand that the reaction of the heart, lungs and vascular system to exercise cannot always be predicted with accuracy.

I understand that the workouts offered by the Organisation are of a nature and kind that are extremely strenuous and can/may push me to the limits of my physical abilities and can be risky.

I am aware that any of these above mentioned risks may result in serious injury or death to myself and I assume full responsibility thereof. I participate entirely at my own risk at the event of the Organisation.

I authorize any representatives of the Organisation to obtain emergency medical treatment for me, including transportation to a hospital or other medical facility.

I will in no way hold the organizers of the event liable or claim damages incurred during or in connection with the event. The same applies to persons and / or institutions who cooperate with the Organisation of the event.

I have been given the opportunity to carefully read this release from liability and assumption of risk document. whether or not I elect to do so is my responsibility and decision and shall not affect the validity of this agreement, and to that effect I intend in all circumstances as noted herein for it to be legally binding for any and all participation that I may have at the Masters & Teens Throwdown 2022 for any and all programs and workouts whether now or hereinafter at any time.

Full name

Full name of minor athlete*

Signed on (date)

to (place)

Signature

*Athletes under the age of 18, his or her parent or other legal guardian should execute the agreement on behalf of the minor with the minor' name being specifically stated in the document.